MACALESTER COLLEGE
2010 Spring Baseball Camp

Sundays:
Feb. 21 * Feb. 28 * March 7
(Grades 1-12)

SPRING CAMP STAFF

Macalester College
Matt Parrington, Head Coach: Director
Scott Coolong, Asst. Coach
Mat O’Brien, Asst Coach
Paul Odegaard, Asst. Coach
Mike Merrill, Asst. Coach
John Peterson, Asst. Coach
Marc Rodwogin, Asst. Coach
Cormac Seely, Asst. Coach

Current and former Macalester College baseball players will round out the camp staff.
CAMP SCHEDULE

**Dates:** Sunday, February 21, February 28, March 7

**Location:** Macalester College Leonard Center 125 Snelling Ave., St. Paul

**Coaching Ratio:** 1 coach for every 8 campers

**Times:** 10:30 a.m. - 1:00 p.m.

**Check-in:** 10:15 a.m., Sunday, February 21

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**Tuition:** $140 per camper, pre-registered prior to February 15. $70 due at registration, $70 due Feb. 21

* 10% discount for Holiday Camp attendees
* 10% discount for multiple siblings

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**Equipment Needed:** Tennis shoes must be worn in the facility. Players will need their own gloves and any protective equipment desired. Players are encouraged to bring their own bats. Batting helmets and all protective screens will be provided. Please have all equipment clearly marked (with your name) prior to coming to camp.

For applications, additional information or questions please contact Matt Parrington at 651-696-6770.

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**HIGH SCHOOL GROUP**

The High School Camp is available to individuals grades 8 to 12. This is a comprehensive camp. The format of this camp has been developed to provide detailed instruction on the offensive and defensive fundamentals of the game. This camp will give players exposure to college-level coaching and evaluation.

**YOUTH GROUP**

The Youth Camp is available to players from grades 1-7. Individual instruction on the fundamentals and techniques of throwing, hitting, bunting, fielding, base running and baseball strategy will be covered in this two day camp. The format will include lectures, demonstrations and a wide variety of individual practice drills and techniques.

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**GOAL OF THE CAMP**

Our aim is to combine the knowledge of the coaching staff with the enthusiasm and abilities of our campers while providing players with a positive environment in which to learn and improve baseball skills and techniques.

All players will receive 7.5 hours of individual and group instruction during this camp. This camp provides an opportunity for players to enhance and refine skills during the winter months.

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**ABOUT THE FACILITIES**

Macalester College Fieldhouse is one of the finest baseball training facilities in the area. The spacious new $45 million Leonard Center opened for operation in August '08. The Fieldhouse at the Leonard Center features two batting cages and enough space to run a full infield.