Macalester College Pre-MIAC Meet  
Macalester College, St. Paul, Minn.  
Friday, February 28, 2014

Schedule of Events

FIELD EVENTS:

5:00  Pole Vault (W) (Men to follow women)
      Long Jump (M) (Women to follow men)
      Triple Jump (W) (Men to follow women)
      High Jump (M) (Women to follow men)
      Weight Throw (M) (Women to follow men)
      Shot put (W) (Men to follow women)

RUNNING EVENTS: (women compete first with the exception of the hurdles finals where the men will compete first)

5:30  60m Hurdle prelims  
5:45  60m Dash prelims  
6:00  Mile Run  
6:30  60m Hurdle finals  
6:40  400m Dash  
6:55  60m Dash finals  
7:00  600m Dash  
7:15  4x200m Relay  
7:30  800m Run  
7:45  1000m Run  
8:00  200m Dash  
8:25  3000m Run  
8:55  4x400m Relay  
9:10  DMR (if there is interest)