Macalester Golf Camp
Saturday March 12th & Sunday March 13th 2011
9am-11pm
Open to Girls & Boys, Grades 7-12

Fee: $95 (plus $105 after 3/5/11). Checks payable to: Macalester Spring Golf Camp. No refunds after 3/1/11

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Macalester Golf Camp Application

Name: __________________________
Address: _____________________________
City: _____________________________
State: ________  Zip: __________
Age: _____  Grade in School: ________
Golf experience level: _____________________
Circle T-shirt size: S  M  L  XL

For further inquiries contact Martha Nause at 651-696-6774 or nausea@macalester.edu.

Martha Nause: Head Men's & Women's Golf Coach
Sarah Butler: Macalester Assistant Golf Coach, Former player at the U of M. Futures and Canadian Tour Player.
Kris Wessinger: Head Women's Golf Coach St. Kate's. Former Head Coach at the University of Minnesota.
Angie Ause: PGA & LPGA Teaching Professional, University of Minnesota. Former Futures and Canadian Tour Player.
Current Macalester College Golf Team Members will round out the camp staff.

Macalester College Spring Golf Camp

Martha Nause- Head Men's & Women's Golf Coach. 22 year-LPGA Tour Veteran

Kris Wessinger- Head Women's Golf Coach.

For additional information and inquiries please contact

Macalester Golf Office
1600 Grand Avenue
St. Paul, MN 55105
Golf Camp Goals

The camp provides players expert golf instruction to help them work on their skills before the golf season starts. They will receive focused direction for swing improvement, guidance for improving fitness levels, and insight into strengthening their mental game. The knowledge and deep experience of the staff—over 50 combined years of coaching and playing at the DIII, DI and professional levels—is unique, and ensures each camper has access to instruction that will benefit their individual need, be it improvement for the coming golf season, or understanding what’s required to play on a team at a DI, II or III college. Players will have fun while enhancing their skills in every aspect of the game.

Topics of instruction

Campers will receive 6 hours of combined group and individual instruction in a variety of areas:

- Swing analysis using V1 Video Software
- Titleist Performance Institute Golf Fitness Assessment (each camper receives 18 individualized workouts, a $125 value)
- Putting and short game challenges, evaluation and instruction
- Mental Golf Workshop Profile ($65 value)
- Presentation by staff on recruiting and playing Division I, II, and III college golf.

Equipment Needed:

Tennis shoes must be worn in the facility. Players will need their clubs.

Tuition:

$95 per camper registered prior to March 5th, 2011 ($105 after 3/5/11. 10% discount for siblings.)

Check-in:

8:45am, Saturday March 12th 2011. Check-in at Fieldhouse in Leonard Center.

College Golf Presentation:

11:15am Sunday March 13th. Parents encouraged to attend.

About the Facilities

The Leonard Center is one of the finest recreation centers in the state. The spacious, $45 million facility opened in August '08. The field house features a putting green and plenty of space to work on all types of shots.

Camp Schedule

Dates: Saturday March 12th and Sunday March 13th 2011

Location: Macalester College Leonard Center, 125 Snelling Avenue, St. Paul

Coaching Ratio: 4:1.

Times: 9 am-noon, both days